

BEST PRACTICE IN M.M.H COLLEGE

Best Practice 1

1. Title : Holistic Development of the students

2. Objectives

- i) To provide a platform to exhibit the hidden talents of the students and ensure all round personality development of the students
- ii) To enable the students to develop a sense of culture and morality
- iii) To develop gender sensitization and self discipline
- iv) To create environmental awareness and maintain cleanliness
- vi) To create the sense of belongingness towards the society amongst the student

3. The Context

Keeping in mind the vision of college besides studies, various student centric activities are conducted throughout the year. The college provides a platform to students to exhibit their hidden talents and ensures an all-round personality development. The activities provide opportunities for the students to work in groups and exercise leadership and inculcates the moral and ethical values and leads to holistic development.

4. The Practice

The following is the overview of the activities conducted by the college.

- a) **Cultural activities:** Every year cultural week is celebrated and various competitions like mehendi, singing, rangoli making, poster making, debate, poetry, extempore, speech, play, quiz, etc. are organised. The winners are felicitated by the principal, which further boosts their confidence and encourages them and their fellow students.
- b) **Sports:** The physical education Department of the college provides the platform to the students to play a number of team and individual games. Students participate with enthusiasm in inter-college, National and International tournaments.
- c) **NCC :** The NCC unit in the College provides exposure to the cadets in a wide range of activities, with a distinct emphasis on Social Services, Discipline and Adventure Training. The NCC is open to all regular students on a voluntary basis. The students have no liability for active military service. However, the cadets after acquiring 'C' certificate are exempted from the written SSB exam.

ii) **To enable the students to develop a sense of culture and morality.**

All the National and religious festivals are celebrated with great fervour and gaiety. Institution also celebrates birth and death anniversaries of well-known social

reformers, national leaders and eminent historical personalities to inculcate feelings of truth, love, nonviolence, peace, national integrity, human values, communal harmony, fraternity and social harmony among the students and employees.

iii) To develop gender sensitization and self-discipline.

In order to support gender equality, all students are encouraged to participate in cocurricular and extracurricular activities regardless of gender, creating a gender-inclusive curriculum, which develops a sense of equality in them and respect for female fellows. The importance of discipline is inculcated in the students.

iv) To create environmental awareness and cleanliness

Every year 'Van Mahotsava' is celebrated and tree plantation drive is carried out. To keep the environment clean cleanliness drive is carried out by the students.

vi) To create the sense of belongingness towards the society

a) NSS (National Service Scheme) - A good number of students participate in NSS. The main objectives of (NSS) are to understand the community in which they work and identify the needs and problems of the community and solve them. This develops a sense of social and civic responsibility.

5. Evidence of Success

The various activities result in the improvement soft skills like confidence, good communication, problem solving, team work, adaptability, positive attitude, leadership which give impetus in moulding the personality of the students such that they become responsible citizens of the nation.

There is no case of expulsion on grounds of indiscipline.

The evidence is also reflected in the on and off-campus placements of the students and in development of their entrepreneur skills. MMH boasts of producing many National and International players.

6. Problems Encountered and Resources Required

In some activities there is a limitation on the intake of student participants which poses a hinderance owing to the enthusiasm of the students.

Best Practice 2

1. Title - Women empowerment

2. Objectives

- i) To ensure education for maximum number of girls
- ii) To empower girls with physical and emotional strength
- iii) To develop a spirit of gender sensitization
- iv) To create awareness among the girls about their legal and civic rights
- v) To develop self esteem and self confidence in girls

3. The Context

“There is no chance for welfare of the world, unless the condition of the women is improved”; believing in these words of Swami Vivekananda, the college focuses on the activities related to women empowerment. Activities that causes self-belief in the girl students and that women are not only the nurturers, custodians and bearers of social tradition but also the best creation of God. M.M.H. College firmly believes in this practice not only for the female students but also for the staff.

The Practice

i) Number of Females (teachers and students) is more than Males

M.M.H. College have more female teachers than the male teachers and play their roles and responsibilities everywhere. This practice sets an example to the girls and encourages them to become financially independent and to play their roles not only at home but outside as well with ease and efficiency. Likewise, more girl students are there as compared to boys.

ii) Less Fee for Girl Students

The fee structure of M.M.H. College is minimum as compared to the other colleges in Ghaziabad. Nominal fee for the girl students ensure education for the deserving and economically weaker girls.

iii) Self-Defence Camp

Every year self-defence camp is organised. The girls are trained that they are no less than boys and can fight any situation if they are confident and courageous. The demonstration is also given to escape if they are caught in danger. Students learnt various ways to handle critical situations related to gender biasness, physical and mental exploitation. They were suggested to develop mental, muscular and financial power and be the ambassadors who will help society in difficult situations.

iv) Gender Sensitization

To develop a spirit of gender sensitization, every year International Women's Day is celebrated and various programme are organized. Lectures like health and hygiene, cancer awareness in girls, women empowerment etc are organised.

Girls are given equal opportunity to participate in NSS and NCC without any gender discrimination and we have very good number of girl representatives in NSS and NCC.

v) **Lectures on Legal and Civic Rights**

Interaction and lectures for legal and civic rights are organised for girls from time to time by the teachers from the law department and eminent personalities, which create awareness among the girls and further boosts up their confidence and faith in themselves.

vi) **Routine Grooming and Career Counselling**

To develop self-esteem and self confidence in girls, routine grooming, career counselling is carried out by the teachers and independent tasking is given to hone individual skill sets.

Evidence of success

Programmes on legal awareness, physical training, self-defence help in developing personal, social and professional skills required for girls.

Problems Encountered and Resources Required

In some activities there is a limitation on the intake of student participants, at times the girls are not able to attend certain activities and class regularly because of their household responsibilities. Sometimes the parents are not very supportive.